

21 Icons on a roll the Chaeli way

CATCH these highlights on TV tonight:

21 Icons Season 3 on SABC3 at 7.27pm

Tonight *21 Icons* features “ability activist” Michaela “Chaeli” Mycroft.

At 16, Mycroft won the 2011 International Children’s Peace Prize, and the following year the Nobel Peace Laureates’ Medal for Activism. She received the awards for her commitment to the rights of children with disabilities in South Africa through her project, the Chaeli Campaign.

Earlier this year she became the first woman quadriplegic to summit Mount Kilimanjaro.

The *21 Icons* show has been tracing South Africa’s history, moving from the fight for freedom to the country’s growth during democracy, and concluding with a vision of the future.

The show celebrates individuals who inspire multitudes through their impact, integrity and influence.

Mycroft is seeking to create a global community that accepts and embraces disabilities.

“A lot of people refer to me as a disability activist, but I don’t see myself that way. I focus on the ability. I concentrate on potential and empower people to see their own greatness.”

Mycroft was diagnosed at 11 months with cerebral palsy.

The *21 Icons* footage is

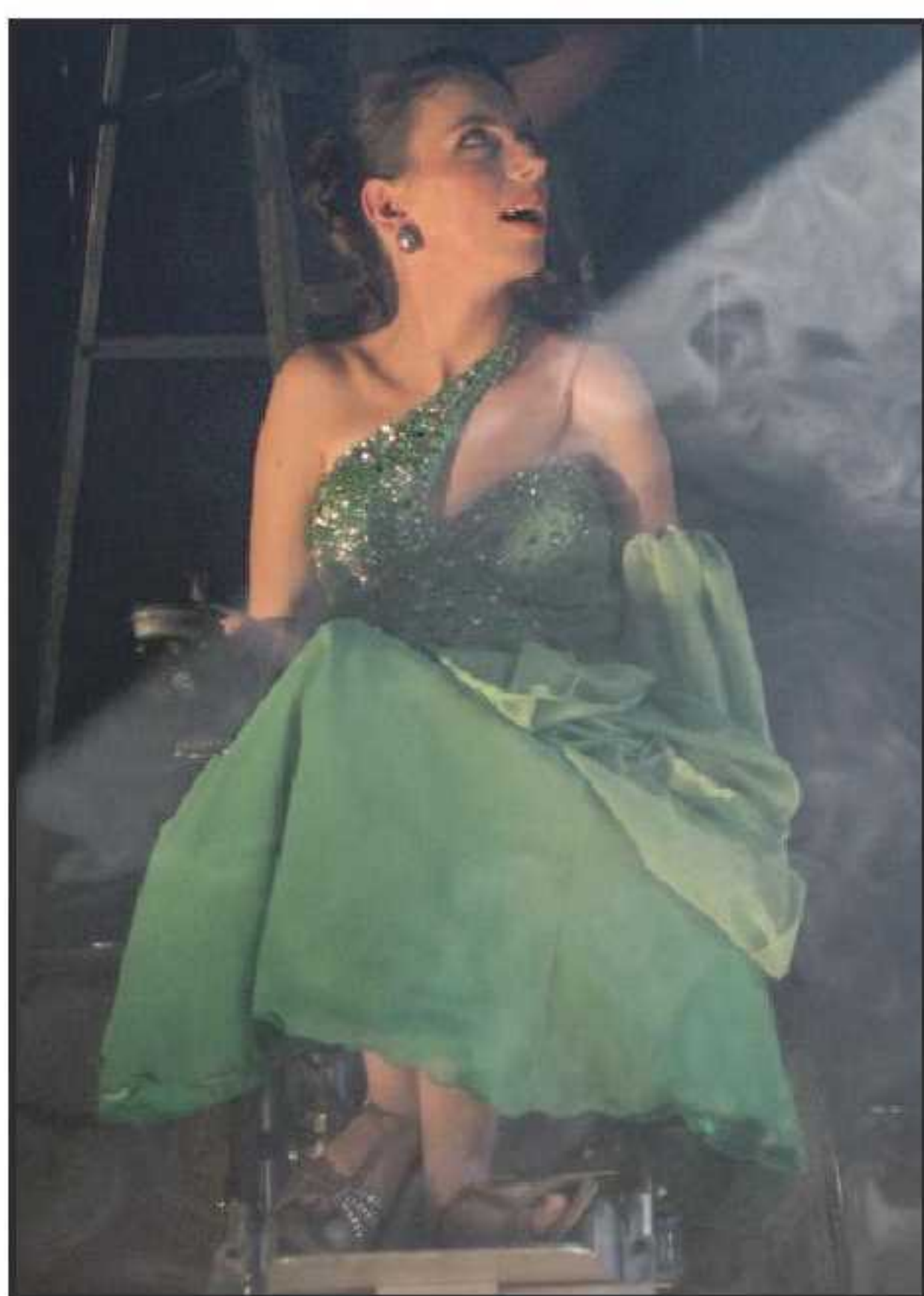
insightful and inspiring, exploring her journey from 2004 when, aged 9, she and her sister and three friends teamed up to raise R20 000 for a motorised wheelchair.

An Idiot Abroad on BBC Brit at 8pm

In Season 2, Ricky Gervais and Stephen Merchant send their friend Karl Pilkington around the world again to complete a “bucket list” of adventures.

Karl is thinking he is ticking off a list of the “ultimate things to do before you die”, but along the way the “little Englander” must endure wing walking, tribal bungee jumping and shark diving, while dealing with Ricky’s attempts to make him have a prostate test, or go nude in the jungle.

How will Karl cope with being an idiot abroad on an epic tour that takes him from Russia’s Cosmonaut Training Centre to the most remote South Pacific islands?



Michaela “Chaeli” Mycroft.