

PEOPLE

“ I HAD NO CONTROL over what happened to me, but I did control how I reacted towards it.

STRONG SURVIVOR

After Jes Foord's own experience of being gang-raped, she has dedicated her life to providing care for rape survivors. One of the Jes Foord Foundation's initiatives is the Cinderella Project, which donates matric ball gowns to underprivileged girls. Each handover includes an educational school workshop about rape.