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70% of rapes in South Africa are committed by people the victims know - Jes Foord

04 November, 12:57 PM

Jes Foord of the Jes Foord Foundation has been featured in the latest series of 21 Icons. 21 Icons sets out to tell the stories of South Africans who are doing extraordinary things for the country. The current season of 21 Icons features South Africans that are shaping the future.

Foord was gang raped in 2008, and has since dedicated her life to helping South African women who have survived rape. Watch her unpack her story, and how she hopes her foundation can change the landscape of South Africa.

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Foord is frustrated over the way rape is dealt with in SA

Watch Foord tell us why South Africa needs to pay more attention to rape perpetrators:

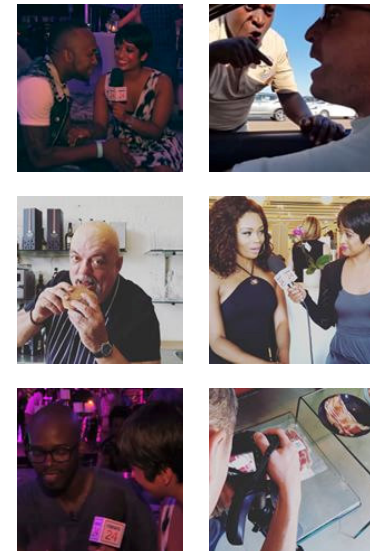


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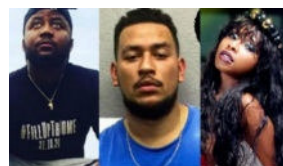
DJ Zinhle pokes fun at Hugh Masekela's weave policy, Lucky Dube's family upset & Jay-Z and Kanye West's feud demands revealed



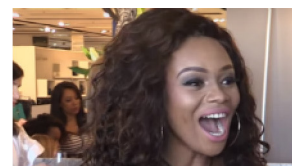
WATCH: Young South African overcomes drug addiction, sails the southern ocean, becomes a rapper
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WATCH: Vusi Nova says Nathi is his BFF, tells us something about the Nomvula hit maker we didn't know before!



Cassper makes history, AKA & Anatii collab dominates award nominations & Boity gets sexy for magazine shoot



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'What The EFF' is not really the EFF - Nik Rabinowitz

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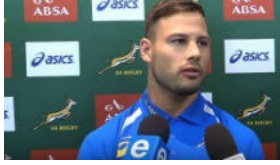
Watch Watershed's frontman play 'Watch The Rain'

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Simba Mhere case postponed, Brickz gives baby daddies advice & Charlize Theron glitters in gold

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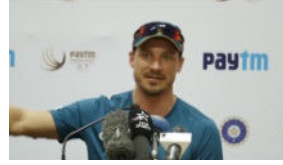
Sevens can only have a positive impact on my game - Hougaard

22 minutes ago



High-profile SA Sevens signings following a world trend?

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I enjoy Test cricket more than anything else - Dale Steyn

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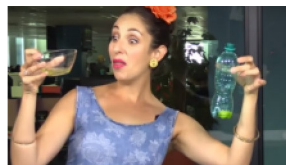


A new bourbon has launched in SA! We compare it against a popular brand

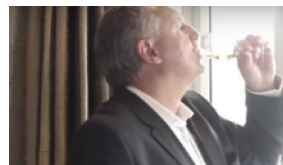
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We're having Chenin Blanc and kebabs this Wine Wednesday!



WATCH: Suzelle DIY shows us 'how to separate egg whites in no time at all'



From professional cricketer to master distiller: the story of Andy Watts



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A hacking scandal and the dark underbelly of the wine industry! Deon Meyer on his new book

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Attention men! You need these 5 items in your wardrobe

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Revised visa rules: 'The damage has already been done'

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Booking a flight online? Check out these handy tips!

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Here's why South Africans are opting for all-inclusive holidays

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Here's why this SA app should be your next travel buddy

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Tell your city's unique story with this South African app

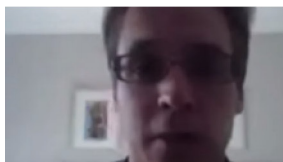
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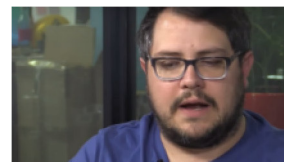
These are the challenges mobile payments face in SA

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These apps are impressing South Africans

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'Free wifi can be the solution'

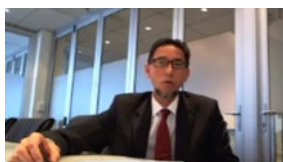
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HeroTel aims to get more South Africans on the internet

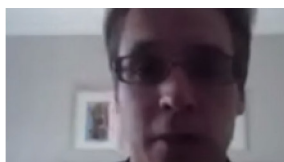
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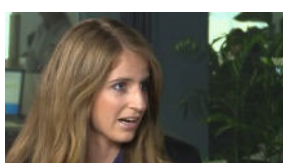
You don't have to be a CEO to participate in next year's CEO sleepout

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'Don't be fearful' - advice from a young entrepreneur

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Young SA entrepreneur impresses Thuli Madonsela with wristwatch range



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